

Eastern Idaho Chronic Disease Coalition

June 13, 2018

12:00 pm – 1:00 pm

EIPH
1250 Hollipark Drive, Idaho Falls

Attendees: James Corbett (EIPH), Jenna Orchard (EIPH), Trudi Poole (EIRMC), Morgan Nield (EICAP), Nicole Foster (EIPH), Ann McRill (Community Family Clinic) Leslee Blanch (U of I Extension), Pam Wake (Qualis Health)

Minutes

Agenda item: April Meeting Recap **Presenter:** Jenna

Discussion: Reviewed coalition by-laws; this is being put on hold until more decisions about the future are made. Community needs assessment was discussed to see what gaps there are and populations that need help in the community.

Agenda item: Diabetes Alliance of Idaho **Presenter:** Jenna & James

Diabetes Alliance of Idaho (DAI) is a statewide organization that has been around for about two years. The alliance was originally started by the Department of Health and Welfare but is now an independent, volunteer organization consisting of individuals and agencies dedicated to the prevention and reduction of the personal and public impact of diabetes in Idaho's communities. The DAI works together to improve access to quality health care, increase awareness and support through education, and reduce diabetes complications for those challenged with diabetes in Idaho. Its goals align with the goals of the Eastern Idaho Chronic Disease Coalition. The DAI is building its membership and wants to start local chapters. They were recently granted 501c3 status and our coalition could use them to pass through funds raised. The group was not opposed to joining with them as a local chapter. Members wondered if the coalition aligned with the DAI if it would have the freedom to look at other chronic diseases. Jenna will talk to her DAI contacts to find out, but she believes the local chapters will still have a lot of autonomy. As more information about the DAI becomes available, she will share it with the group. For current information visit their website at <http://healthandwelfare.idaho.gov/Health/DiseasesConditions/DiabetesHomePage/DiabetesAllianceofIdaho/tabid/2871/Default.aspx>

Agenda item: Presentation of Data **Presenter:** Jenna

Jenna used BRFSS and Idaho County Health Rankings data to look at diabetes, obesity, and hypertension rates in Idaho statewide and regionally. These diseases are more prevalent in men, the 65+ age group, individuals with lower incomes, and those who are unemployed.

Agenda item: Member Presentations **Presenter:** Group

Jenna: is an employee at Eastern Idaho Public Health (EIPH). She is over a few different grants that focus on chronic diseases including: Diabetes, Pre-diabetes, Hypertension, Stroke and a variety of cancers. She does community events and outreach, works with clinics to educate and provide them with resources and tools to improve their workflows and identification of patients with these diseases as well as coalition work.

Ann: works at Community Family Clinic. They are an FQHC in Idaho Falls where patients receive care at reduced rates even if they don't have insurance. Ann oversees outreach and insurance enrollment. Patients can work with her to get insurance if they don't currently have it. She works with many patients who qualify for insurance and they didn't know they qualified or how to get insurance. She also helps Medicare patients select the right plan for them. If patients don't qualify for insurance or don't have it, the clinic has a sliding fee schedule, so they will pay less for their care than at other medical offices. Community Family Clinic also offers free classes to the community about diabetes.

Leslee: works for University of Idaho Extension office. She teaches several different health and fitness classes. She is the instructor leading the classes at Community Family Clinic. She also has fitness classes including yoga and simple exercises with chairs. She is able to do a single, one-on-one class with individuals who need a jump start or additional resources. Most of her classes are free or very inexpensive.

Morgan: is the director of the senior living, Area Agency on Aging at Eastern Idaho Community Action Partnership (EICAP). Their goal is to keep seniors in their homes and independent for as long as possible. Some of the programs she oversees include home delivery meals, meals at community centers, and the dietician who meets with seniors one-on-one to discuss eating and health needs. Her agency has funds to help other programs including DSMP and DPP programs for seniors. Their senior programs are available to individuals 60 and older.

Trudi: works at Eastern Idaho Regional Medical Center (EIRMC). She is a RN and CDE and oversees their inpatient diabetes care. She is very willing to help and wants to learn more about community resources that can help her patients because their outpatient diabetes program is no longer in service.

Pam: works for Qualis Health and is based out of Pocatello. She oversees the Diabetes Self-Management Program that uses the Stanford model. These classes are taught by individuals who receive specific training. She helps facilitate the program as well as recruit trainers.

Vonda: teaches Chronic Disease Self-Management and Diabetes Self-management 6 week, free courses from Stanford University in IF to St. Anthony. She is also a member of the Idaho Diabetes Lions Club. She was not able to attend the meeting due to a mandatory training, but she wanted everyone to be aware of what she offers.

James: works at EIPH as a program manager. He oversees several healthcare transformation grants that go out into the community and clinics. They work with clinic staff and managers to make changes and improvements. They also give education to clinics on community resources that are available to their patients.

Other Information

Special Notes: Video conference calls will be made available upon request.

Next Meeting: TBD